

**REFERRAL FORM**
**DIABETES SELF MANAGEMENT TRAINING (DSMT) & MEDICAL NUTRITION THERAPY (MNT)**
**PATIENT DATA**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Type: \_\_\_\_\_ ID#: \_\_\_\_\_

Does Patient have clearance to exercise?                      YES                      NO

**DIAGNOSIS**

- |        |                                       |        |                                  |
|--------|---------------------------------------|--------|----------------------------------|
| E10.8  | T1 with unspecified complications     | N18.31 | Chronic kidney disease, stage 3a |
| E10.9  | T1 without complications              | N18.32 | Chronic kidney disease, stage 3b |
| E11.65 | T2 with hyperglycemia                 | N18.4  | Chronic kidney disease, stage 4  |
| E11.69 | T2 with other specified complications | N18.5  | Chronic kidney disease, stage 5  |
| E11.8  | T2 with unspecified complications     | OTHER  | _____                            |
| E11.9  | T2 without complications              |        |                                  |

**SERVICES TO BE PERFORMED**
*\*Please submit the most recent clinical notes and labs with the referral*
**Initial 10-hour DSMT and Initial 3-hour MNT**

Initial 10-hour DSMT

DSMT will be provided in a group setting unless a special need is identified, then can be in an individual format:

Cognitive      Language      Physical Disability      Hearing      Non-Ambulatory      Vision

Other: \_\_\_\_\_

Initial 3-hour MNT

**Annual 2-hour DSMT and 2-hour MNT**

Annual 2-hour DSMT

Annual 2-hour MNT

Additional MNT \_\_\_\_\_ hours, due to \_\_\_\_\_

**PROVIDER DATA**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ FAX: \_\_\_\_\_ NPI: \_\_\_\_\_